

November 27, 2018

Walking is Working

Identify and manage winter walking hazards with appropriate controls and mitigations.

Minimize risk of injury when walking:

- Scan ahead for icy patches, deep snow, frozen lumps, and icy buildup on outside steps and wet surfaces
- Use designated walkways
- Hold handrails or handholds
- Eliminate/remove all trip hazards
- Take short steps and point feet slightly outwards; don't rush
- Keep hands free and out of pockets for better balance
- When entering a building, be mindful that the floor may be wet from melted snow and ice
- Intervene and let others know about potential hazards

Avoid the following activities when walking:

- Answering or talking on your cell phone
- Texting
- Reading papers
- Using radios
- Eating or drinking
- Carrying large, heavy, awkward items over snow and ice

What other steps can you take, individually or as a team, to help reduce injuries from slips, trips and falls on your site this winter?